



THE GLASS ONION
• RESTAURANT •
the glass onion
fresh . organic . local
www.theglassonionrestaurant.com



Lunch Menu

~Small Plates and Starters~

- Seasonal soup cup 4 bowl 7
Deep fried vegetable spring rolls w/ sweet garlic sauce 8
Fried polenta w/ tomato butter 6
Crispy cauliflower w/ spicy Asian sauce 8
Assorted charcuterie - cured Italian meats, liver mousse and crostini 10
Wild mushroom sauté w/ grilled bread, aromatics and Parmesan 9

~Salads~

- Romaine w/ arugula, purple cabbage, toasted pumpkin seeds and sherry vinaigrette 7
Classic Caesar w/ romaine, Parmesan and toasted crumbs small 8 large 10
Poached Pacific salmon salad w/ potato, green beans and mustard 14
***add grilled natural chicken to any salad 5

~Mains~

(sandwiches served w/ fries)

- Classic reuben w/ house made sauerkraut 12
House made Angus burger on toasted bun w/ garlic aioli 12
Carnitas tacos w/ purple cabbage and tomatillo sauce 14
Grilled portabella sandwich w/ feta cheese and olive tapenade 12
Ham and Swiss panini w/ caramelized onions and Dijon 12
Coconut chickpea curry w/ basmati rice 10

~Sides~

- Honey glazed carrots 5
Wilted spinach 5
Sautéd green beans 5
Crispy fries 4
Dirty Fries (w/ chorizo, herbs, Parmesan, and peppers) 8

Our mission is to produce fresh locally sourced food, support our local community and preserve the environment!

Menu items can be cooked to order. Consuming raw or undercooked meats may increase your risk of food borne illness.

Parties of 10 or more guests will be on one check with a 19% gratuity included (one form of payment please).