



THE GLASS ONION
 - RESTAURANT -
 the glass onion

fresh . organic . local
 www.theglassonionrestaurant.com



Lunch Menu

~Small Plates and Starters~

- Seasonal soup cup 4 bowl 7
- New England clam chowder w/ fresh clams small 6 large 9.50
- Charcoal grilled organic polenta w/ butter and Parmesan 7
- Mezze platter: falafel, hummus, israeli feta, pickled vegetables, toasted flatbread 12
- Crispy cauliflower w/ spicy Asian sauce 8
- Fried calamari w/ onion rings and lemon pepper mayo 12
- Shrimp Pil-Pil ~ cooked in a clay pot w/ garlic, smoked paprika and olive oil 12

~Salads~

- Romaine w/ arugula, purple cabbage, toasted pumpkin seeds and sherry vinaigrette 7
- Classic Caesar w/ romaine, Parmesan and toasted crumbs small 8 large 10
- Iceberg Wedge w/ Blue cheese & candied walnuts 9 (add bacon 2)
- ***add grilled natural chicken to any salad 5

~Mains~

(sandwiches served w/ fries)

- Pastrami & Swiss on baguette w/ peppadews 12
- House made Angus burger on toasted bun w/ garlic aioli 12
- Baja style fish tacos 15
- Portabella Mushroom w/ grilled onions & swiss cheese 12
- Grilled chicken sandwich w/ pepper relish, bacon, & lettuce 12
- Fried Sicilian risotto cakes w/ roasted root vegetables and Parmesan 13

~Sides~

- Cornbread Stuffing 7
- Roasted Root Veggies 6
- Fried Sicilian risotto cakes 7
- Crispy fries 4
- Dirty Fries (w/ chorizo, herbs, Parmesan, and peppers) 8

Our mission is to produce fresh locally sourced food, support our local community and preserve the environment!

Consuming raw or undercooked meats may increase your risk of food borne illness.
 Parties of 10 or more guests will be on one check with a 19% gratuity included (one form of payment please).